

Introduction to Motivational Interviewing

(Training provided by a Certified MINT Trainer)

Target Audience

This program is designed for substance abuse professionals, psychologists, counselors, social workers, case managers, nurses, students and others who work in the substance abuse field. Other interested mental health professionals are invited to attend.

Program Description

Client motivation is well documented as a significant predictor of the success of treatment for persons with substance abuse issues. Motivational Interviewing (MI) is an empirically supported approach to counseling clients with motivation issues. In a large number of empirical studies, MI has shown to be an effective intervention to improve rapport and increase retention and outcomes of persons with various mental health and/or substance abuse issues. Participants in this 2-day (13 training hour) workshop will be exposed to the MI philosophy, theory, and skills as they relate to the use of MI as an Evidence Based Practice.

Presenter

Paul Toriello, PhD, CRC, LCAS, CCS is an Associate Professor in the Department of Rehabilitation Studies at East Carolina University (ECU). Before coming to ECU, Dr. Toriello served for several years as the Training Director and then the Clinical Director of a 108-bed residential facility serving adjudicated adolescents with behaviors disorders and substance abuse issues. His extensive experience with Motivational Interviewing (MI) includes: practicing and supervising MI since 1995, training in Advanced MI from William Miller, the co-creator of MI, training by Dr. Miller as a MI Trainer, training by Dr. Terri Moyers in the Motivational Interviewing Treatment Integrity coding system, training as a "MIA:STEP Trainer (MIA:STEP is a MI clinical supervision curriculum), and membership with the international Motivational Interviewing Network of Trainers since 2003.

Credits

1.3 CEUs will be awarded to participants who attend 100% of this program. Southern Regional AHEC adheres to NBCC Continuing Education Guidelines, Provider #5362. (13.0 Contact Hours) This program will provide 13.0 contact hours (category A) continuing education credit to NC Psychologists. Application has been made to the North Carolina Substance Abuse Professional Practice Board for up to 13.0 hours of Substance Abuse Specific Skill Building credit for this program.

No partial credit will be given. Participants must attend all of both days to receive credit. Individuals arriving 15 minutes or more after the starting time will not receive credit.

Objectives

Upon conclusion of this program, participants should be able to:

- Define and discuss the Spirit and Principles of Motivational Interviewing.
- Develop Reflective Listening skills to elicit 'Change Talk'.
- Develop skills for 'Rolling with Resistance'.
- Explore how to implement MI skills/strategies into daily practice.

Cost

If registration & payment are received by June 28, 2010, \$210; thereafter, \$225. Save money and time by registering online & receive a \$10 discount. Three or more persons from the same organization who register and pay together are eligible to receive a 10% discount: if registration and payment are received by June 28, 2010, the fee is \$189; thereafter, \$202.50.

August 16–17, 2010

Registration: 8 am;

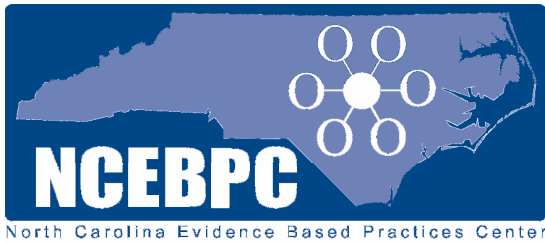
Program: **8:30 am to 4:30 pm**

Location: Cumberland County Mental Health
711 Executive Place, Fayetteville, NC, Rm 426

To register, complete and return the attached registration form.



In affiliation with
Duke University Medical Center
Part of the NC AHEC Program



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August 16–17, 2010 (CASCE #31394)

Registration: 8:00 am, Program: 8:30 am to 4:30 pm
 Cumberland County Mental Health, 711 Executive Place, Fayetteville, NC, Room 426
 ~ costs listed on previous page ~

To register:

Fill out this form electronically & email it to:

Kate.Smith@NCEBPCenter.org

Or fax this form to: 910-323-0674

Or mail this form to:

SR-AHEC, Attn: Registrar

1601 Owen Dr., Fayetteville, NC 28304

Dr. Mr. Mrs. Ms.

Name:

Last 4 digits of SSN:

Degree:

Home Address:

City, State, Zip:

Home County:

Hm. phone:

Preferred Email address:

Employer:

Work Address:

City, State, Zip:

Work phone:

Fax:

Work County:

Job Title:

Your Specialty Areas:

(i.e., substance abuse, developmental disability, etc.)

VISA/MC #

Exp Date:

Signature:

Please note: We need the last four digits of your social security number to register you for any program.
 We need your email address to send your training certificate. Please print or type.

Important Information

Substitutes/Refunds/Transfers

If you register for a program and cannot attend, you may:

- Send a substitute;
- Cancel 48 hours in advance and obtain a refund check for 70% of the registration fee;
- Cancel 48 hours before the program and receive a voucher for 100% of the fee for use at one future Southern Regional AHEC mental health program.
- Cancellations less than 48 hours before the program are non-refundable.
- If you register for a program that you don't attend, and don't pay, you will be billed for the full amount of the program registration fee.

Questions And Suggestions

Please contact La-Lisa Hewett-Robinson at (910) 678-7293, at 1601 Owen Drive, Fayetteville, NC 28304. Or you may email La-Lisa at la-lisa.hewett-robinson@sr-ahec.org.

Mailing List

To be added to our mailing list:

https://www.southernregionalahec.org/professionals/mailling_list2.asp

American With Disabilities Act

If you need any of the auxiliary aids or services identified in the Americans With Disabilities Act of 1990 in order to attend any of these programs, please call (910) 678-7305.

Our Promise To You

Southern Regional AHEC strives to offer the highest quality educational programming. If, for any reason, any of these programs do not meet your needs, please let us know. We value your feedback and will resolve the issue to your satisfaction.

AGENDA

Day 1 (August 16)		Day 2 (August 17)	
8:30	Introduction Communicative Listening	8:30	Introduction Review of Opening Strategies – OARS Open-ended questions Affirmations
	Small group activities		1030 Break
1030	Break	1030	Reflections
10:45	Research on MI Efficacy 'Join Up'	10:45	Summaries
12:00	Lunch (on your own)		Small group activities
1:00	MI Spirit & Principles Stages of Change model Resistance	12:00	Lunch (on your own)
	2:45 Break	1:00	Change Talk Model DARN
3:00	Opening Strategies: OARS Small group activities		Small group activities
4:00	Synthesis & wrap-up	2:45	Break
		3:00	Change Talk model (cont.) CAT
4:30	Adjournment		Small group activities
		4:00	Synthesis & wrap-up
		4:30	Adjournment



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